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GETTING THE MEDICAL CARE YOU DESERVE IN A HIGH-RISK PREGNANCY

(Oklahoma City, OK) Expectant parents want the best possible care for their unborn children. The problem is that the world of doctors and medicine often feels mysterious and intimidating. In a high-risk pregnancy, the stakes are high and the stresses can be even higher. Establishing good relationships with qualified specialists early in the course of a high-risk pregnancy can mean the difference between a healthy outcome and one fraught with complications.

In her new book, *EXPECTING TWINS, TRIPLETS AND MORE: A DOCTOR'S GUIDE TO A HEALTHY AND HAPPY MULTIPLE PREGNANCY* (St. Martin's Press, April 2005), Dr. Rachel Franklin shares the secrets to assembling a first-class healthcare team for a high-risk pregnancy. In her insider's guide, she details the training, qualifications, and responsibilities of:

- 1) The Primary Care Obstetrician
- 2) The Perinatologist
- 3) The Neonatologist
- 4) The Intensive Care Nurse
- 5) The Labor and Delivery Nurse

For each of these members of the team, Dr. Franklin outlines the steps medical professionals use to select the best one and ensure the best service from him or her. By following her advice, the reader will be able to interact with each member of the team with confidence, becoming effective advocates for themselves and their babies.

Dr. Franklin wrote the book after discovering she was pregnant with twins and becoming as fearful and insecure as every other woman whose baby she has delivered. With this new book, intended to be the "Girlfriend's Guide to Pregnancy" for women

expecting multiples, she hopes to help other women survive and find humor in this most special of pregnancies.

EXPECTING TWINS, TRIPLETS AND MORE is scheduled for release in paperback this spring, and is available now for pre-orders at a discount through Dr. Franklin's website, www.AskDrRachel.com.

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EXPECTING TWINS, TRIPLETS AND MORE: A DOCTOR'S GUIDE TO A
HEALTHY AND HAPPY MULTIPLE PREGNANCY

St. Martin's Press, release date April 2005

Paperback, 280 pages

ISBN: 978-0-312-32823-0

www.AskDrRachel.com

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